

YOUTH ADVISORY COMMISSION

Zoom Meeting - Virtual

Monday, July 31st, 2023 at 7:00 PM

Attendance

- Henry Cardona
- Justin Evers
- Melanie Gabriel
- Julian Guerra-Molina
- Brianna Nizic
- Bailey Brown

Excused

- Cambria Rich
- Bella Bone
- Landon Lu
- Samuel Upkes
- Alana Plaisance
- Gunnar Datria
- Hannah Granderson
- Myles Kinney

Staff Present

- Denyse McGriff, Mayor of Oregon City
- Adam Marl, City Commissioner
- Jarod Lyman, Community Communications Manager
- Emma Worthge, Community Engagement Specialist

ROLL CALL

CALL TO ORDER

Bailey Brown called the meeting to order.

PROJECT DISCUSSION

Brianna Nizic asked for the project scope to be narrowed down, allowing for better planning. Melanie summarized the past meeting's discussion, which was that Oregon City School Curriculum is too broad to influence, so the group is going to move their project to creating a student mental health fair.

- Possible activities for the fair:
 - Therapy animals
 - Yoga studio?
 - Mental health resource booths
 - Soul Flags painting/coloring
 - Massage?
 - <https://www.thelotusherd.org/>
 - Library mental health book series
 - Stress balls & fidget objects
 - Ford family foundation – free books
 - Food!
 - Youth musicians
 - OC Farmer's Market – nutrition
 - Neurotherapeutic Booth – Suicide Prevention

ADJOURNMENT

The meeting was adjourned, with the next Youth Advisory Commission meeting scheduled for August 14th, 2023.